

## Road Upgrades

### Guidelines and Notes by Category:

- 5-4: Experience in 10 mass start races.  
Local Associations may also establish policies where upgrade credit is given for taking a sanctioned rider education clinic.
- 4-3: 20 points in any 12-month period; or experience in 25 races with a minimum of 10 top ten finishes *with fields of 30 riders or more*, or 20 pack finishes with fields over 50. 30 points in 12 months is an automatic upgrade
- 3-2: 25 points in any 12-month period  
*40* points in 12 months is an automatic upgrade
- 2-1: 30 points in any 12-month period  
*50* points in 12 months is an automatic upgrade

USA Cycling may add additional requirements for upgrading at their discretion. Any such changes shall be made available on the website.

### Qualifying Distances for each category

*To qualify for upgrading points, races must meet distance standards. Races shorter than the minimum distance do not qualify for upgrading. However, if a road race is less than the road race minimum but above the criterium minimum, it will count for upgrading using the criterium points schedule.*

Category	Class	RR	Criterium and Circuit
5 - 4	Men	15 mi	10 mi
4 - 3	Men	25 mi	20 mi
	Women	25 mi	15 mi
	Junior	25 mi	15 mi
3 - 2	Men	50 mi	20 mi
	Women	40 mi	15 mi
2 - 1	Men	80 mi	30 mi
	Women	50 mi	20 mi

**Points awarded for Criteriums and Circuit Races**

Placing	Number of Starters			
	5-10	11-20	21-50	50+
1	3	4	5	7
2	2	3	4	5
3	1	2	3	4
4		1	2	3
5			1	2
6				1

**Points awarded for Road Races**

Placing	Number of Starters			
	5-10	11-20	21-50	50+
1	3	7	8	10
2	2	5	6	8
3	1	4	5	7
4		3	4	6
5		2	3	5
6		1	2	4
7			1	3
8				2
9				1

**Points awarded for Stage Races (Cat 3 → 2 and Cat 2 → 1 upgrades only)\***

Placing	Number of Starters			
	10-19	20-35	36-49	50+
1	5	7	10	20
2	3	5	8	18
3	2	3	6	16
4	1	2	5	14
5		1	4	12
6			3	10
7			2	9
8			1	8
9				7
10				6
11				5
12				4
13				3
14				2
15				1

\* For points earned in stage races, GC and stage places both count for points, but only up to a maximum of 20 points for a cat 1 upgrade or 15 points for a cat 2 upgrade from a single stage race.

When deciding whether a rider qualifies for an upgrade, an administrator will take into account points earned in qualifying events per the table above. In the case of a rider